



FUNDamentals of Movement

This workshop will equip your coaches with the knowledge and confidence to incorporate key fundamental movement skills elements into every one of their sessions - irrespective of the age group they coach. It uses as its framework the latest evidence based research that isolates which movements and competencies children should master at particular stages in their development, right through to adulthood, in order to become physically confident.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 18 April 2018	7pm - 10pm	Friday 13 April 2018	£10



Designated Safeguarding Children's Officer

This workshop is aimed primarily at Designated Safeguarding Children Officers' within sports clubs. The training provides them with an understanding to assist in their role of safeguarding children in their club. The outcomes of the course are as follows; understanding the legislation that pertains to safeguarding in sport and the implications for a junior sports club, identifying the roles and responsibilities of key personnel/agencies, responding to a range of situations that gives ground for concern, applying skills learnt to report and manage cases of poor practice and abuse, review the proposed "Getting It Right" action plan or the development and roll out for Standards for Safeguarding within your club. Attendees MUST have attended 'Safeguarding Children and Young People in Sport' prior to attending this workshop and must be over 18 years of age.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 16 May 2018	7pm - 10pm	Friday 11 May 2018	£10



Autism & Sports Coaching

Delivered in partnership with Autism Initiatives, this workshop provides participants with an introduction to Autism and sports coaching. The course guides participants through a number of activities focusing on strategies to make coaching sessions inclusive for participants with Autism. This course is specifically designed for sports coaches and physical activity leaders. On completion of the course, participants will receive a Disability Sport NI Certificate of Attendance.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 6 June 2018	7pm - 10pm	Friday 1 June 2018	£35



Disability Masterclass

This workshop will provide learning on various types of disability in sport, the barriers to participation and role of a coach in this setting. The facilitators hold a vast amount of experience with disability sport and will share their own experiences. The workshop will be a mix of practical coaching delivery and theoretical concepts around coaching athletes and participants with a disability.

Venue	Date	Time	Closing Date	Cost
Castle Park Centre, Lisnaskea	Wednesday 7 March 2018	7pm - 9pm	Friday 2 March 2018	FREE



Epi Pen Training

The objective of the course is to benefit learners by enabling them to attain the knowledge and practical competencies needed to manage anaphylaxis.

Venue	Date	Time	Closing Date	Cost
Omagh Leisure Complex	Tuesday 13 March 2018	7pm - 9pm	Friday 9 March 2018	£15



Joe Gallanagh - Strength & Conditioning - Masterclass

Joe is a strength and conditioning coach with a large amount of experience across a number of different levels and different sports. Previously Joe has worked with Ulster Rugby, Munster Rugby, Wigan Athletic, Wigan Rugby League and Newcastle Knight (NRL) and has also consulted with Donegal Senior & Minor Football, Kerry Senior Football and Limerick Senior Hurling Teams. Joes' Masterclass will involve programme design, content and coaching delivery ideas to provide coaches with the knowledge and skills to improve speed and agility in their performers.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Wednesday 28 March 2018	7pm - 9pm	Friday 23 March 2018	FREE

"What's your Game?"

Club & Coach Education Programme 2018



Introduction

The 2018 'What's your Game' Coach Education programme provides opportunities for coaches, volunteers, leaders and officials to attain additional or new coach education or governing body qualifications. There are also opportunities for athletes to examine how they can improve performance through nutrition as well as looking at the experiences and advice given by successful local athletes.

Sport NI Clubmark Scheme

Sport Northern Ireland works with a range of Councils and Governing Bodies of sport to deliver this junior sports club accreditation programme. The programme aims to identify, develop, accredit and recognise high quality junior sports clubs and the contribution that they make to the development of sport in Northern Ireland. Junior sports clubs can achieve Clubmark NI accredited status by meeting minimum operating standards in the areas of:

- Effective Management;
- Quality Coaching; and
- Competition Safety in Sport.



Courses which carrying the "Clubmark" symbol indicate courses those courses that clubs are required to attend in order to attain the Sport NI Clubmark award.

North West Coaching Network

The North West Coaching Network supports clubs in the North West Region (Derry/Londonderry, Strabane, Omagh and Fermanagh) to deliver quality coaching, to upskill coaches as well as helping improve club governance and good practice.

For further details please visit www.northwestcoaching.com

Financial Support / Grant Aid Applications

The Council provides grant aid to voluntary clubs, societies, community and sporting organisations. The groups must be based in the Fermanagh and Omagh District Council area. Applications for funding for the new financial year, 2018/19 will be open in January 2018. Please contact the Funding and Investment unit of the Council:
Telephone: 0300 303 1777
Email: grants@fermanaghmagh.com

How to register to attend a "What's Your Game?" course

To register on any of the 'What's your Game?' courses, please go to;
www.fermanaghmagh.com/residential-services/leisure/whats-your-game-2/

Application forms are available from Omagh Leisure Complex, Fermanagh Lakeland Forum, Bawnacre Centre, Castle Park Leisure Centre, Public Services Centre Omagh, The Townhall, Enniskillen and The Grange, Omagh.

Alternatively, please complete and return an application form with the appropriate payment to:
Billie-Jo Irwin, Fermanagh and Omagh District Council, The Grange, Mountjoy Road, Lisnamallard, Omagh, BT79 7BL.

'What's your Game?' Club & Coach Education Programme 2018



Safeguarding Children and Young People

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the Code of Ethics and Good Practice for Children's Sport. This course is important for all adults involved in children's sport but it is particularly recommended for Coaches, Leaders, Administrators and Officials.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Tuesday 23 January 2018	7pm - 10pm	Friday 19 Jan 2018	£10
Castle Park Leisure Centre, Lisnaskea	Wednesday 4 April 2018	7pm - 10pm	Friday 30 March 2018	£10



Attracting Young People to your Club

This workshop will support sports clubs to attract and recruit new members in order to grow their club membership and build their club capacity. Contents include behaviours, attitudes and aspirations of young people in their sport, key traits of youth persona and designing programmes to attract young people to your club and retaining members.

Venue	Date	Time	Closing Date	Cost
Silverbirch Hotel, Omagh	Wednesday 31 January 2018	6.30pm - 8.30pm	Friday 26 Jan 2018	FREE



Leadership in Running & Fitness Course

To attend this course you must be 18+ years old.

The Leadership in Running Fitness Award will prepare you to provide a safe and enjoyable running experience for participants over the age of 12. On successful completion of the one-day attendance only course you will be licensed and insured to lead groups of adults in running activities taking place away from the club premises.

Venue	Date	Time	Closing Date	Cost
Fermanagh Lakeland Forum, Enniskillen	Saturday 3 February 2018	9pm - 5pm	Monday 5 Feb 2018	£40



First Aid for Sport – Course includes Epi Pen Training

This workshop is aimed primarily at coaches and leaders, who deliver training sessions, attend matches and manage teams. The core programme covers role of sports first aider; management of medical emergencies; management of sports injuries; basic life support and defibrillator training.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 7 February 2018	6pm - 10pm	Friday 2 Jan 2018	£30



Mini Volleyball

This course is an introduction to Volleyball and can be used with children from age 5 upwards. Focusing on the FUNdamentals of the sport such as body movement. The game is played with simplified rules in smaller spaces making it open to everyone.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 18 February 2018	10am - 1pm	Monday 12 Feb 2018	£20



Level 1 Volleyball

Participants must have completed Mini Volleyball course prior to attending Level 1. This course is a follow on from Mini Volleyball and builds into Volleyball as a sport, including developing skills and adding in rotations and set plays. This course is perfect for anyone coaching up to secondary school age.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 18 February 2018	2pm - 5.30pm	Monday 12 Feb 2018	£35



Good Club Governance

Good governance is crucial to ensure a vibrant, well-run club uses its resources effectively for the benefits of members and local community, allowing participants to enjoy sport. Good governance supports growth and development while managing the risks. A well-run organisation is attractive to new members, funders and sponsors.

Venue	Date	Time	Closing Date	Cost
Bawnacre Leisure Centre, Irvinestown	Wednesday 21 February 2018	7pm - 10pm	Friday 16 Feb 2018	FREE