

WWKC.net

Wild Water Kayak Club, Dublin

Junior Paddlefest

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| When is it on: | September 25 th , 26 th and 27 th |
| What it it: | It's a weekend away for all juniors where they get the chance to try out all the main kayaking disciplines – in a safe and friendly environment. |
| What Aims: | <p>There are a few aims including:</p> <ul style="list-style-type: none"> Improving paddling skill. Introducing juniors to coaches. Letting the kids have a bit of enjoyment and fun Developing a medium for the future growth of junior members in clubs. Increasing participation levels in competitive disciplines Introducing the juniors to different kayaking disciplines. |
| Where is it: | <p>Hidden Valley Camping and Caravan Park – Rathdrum. Check Out http://www.camping-ireland.ie/caravan-parks/camping.php?id=20</p> <p>If campsites are not your thing then you're still welcome. You might prefer to stay in a local B&B or hotel.</p> |
| Who is for – Juniors | <p>All juniors aged between 10 and 18 All Participants must be current members of ICU. If juniors don't have formal qualification their Club Leader will be expected to confirm that they are of ICU Level 2 proficiency standards. Juniors aged between 8-10 yrs may be catered. please contact Paul Donnelly to clarify</p> |
| Who is it for – Clubs | <p>Any club with junior members who would like to participate and who will agree with, and follow, the overall aims and approach involved. All participants must be current members of the Irish Canoe Union</p> |
| How Many Juniors? | <p>There is no limit on how many juniors any one club can enter, however we have an overall capacity to cater for 140 juniors in total, Pre registration (by completing and returning the booking form) is essential as places will be allocated on a first come-first served basis.</p> |

We will accept any offers of help from anybody, anywhere.
If you can help, please let Paul or Lar know asap.

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| What else: | <p>Condition of involvement for any club or group is that each club:</p> <ul style="list-style-type: none"> • Is responsible for their own juniors • Will bring as much equipment (competition boats, GP boats, buoyancy aids, paddles, helmets etc) as possible. • Is responsible for their own food and accommodation and any expense incurred. • Is happy that this equipment will be shared/loaned where necessary (make sure it is clearly marked) • Will help with coaching, supervision, transport and similar activities where necessary. <p>Coaches/Instructors will manage juniors on the water Parents/guardians/supervisors are responsible for juniors when they are off the water</p> |
| What Disciplines: | As many as we can - initial plan is to cover: WWR, Sprint/ Marathon, Slalom, Polo, GP and Open Canoe |
| How Organised: | <p>Lar Burke will be in charge of overall organising/logistics etc Paul Donnelly will be in charge of all coaching, training and on-water activities.</p> <p>A Head Coach will be appointed for each discipline and there will be a number of Asst Coaches to help ensure each discipline runs smoothly.</p> <p>Paddlefest is being supported by (and our grateful thanks to)</p> <ul style="list-style-type: none"> • Irish Canoe Union. • National Polo Committee. • National Slalom Committee. • White Water Committee. • Marathon Committee. • Sprint Committee. • Wild Water Kayak club • Great Outdoors • In Stitches, Lucan |
| Anything Else | <p>No juniors are allowed leave camp at any stage over weekend - without permission.</p> <p>No juniors are allowed to consume alcohol.</p> |
| Cost | <p>€25 per junior, family €45 - cost covers activities only. We have negotiated a 10% discount on usual rates with campsite.</p> <ul style="list-style-type: none"> • Tent €9 per adult, €4.50 per junior. • Chalet €180 (two nights) per chalet (sleeps 5) • Caravan/MotorHome: check with park <p>All accommodation arrangements to made directly with Hidden Valley Holiday Park. tel; 0404 41647 0404 46080</p> <p>Participants may choose to seek accommodation elsewhere but please inform organisers if you are not staying in the park. Everyone is responsible for their own food apart from lunchtime soup and rolls which will be provided by organisers.</p> |
| How do I register | <p>(1 Email wwkcjunior@yahoo.co.uk to advise interest and request booking form.</p> <p>(2 Pre-Register by posting completed booking form, with €10 deposit, to: Lar Burke, WWKC Junior Officer, 23 Butterfield Crescent, Rathfarnham, Dublin 14</p> |

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Outline Timetable of Events – subject to change (right up last minute!)

| | Friday 25 th September | Saturday 26 th September | Sunday 27 th September |
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| Morning | | Registration | |
| 8.00-9.00 | | Coaches/instructor briefing | Coaches/instructor briefing |
| 9.00-9.15 | | Helpers briefing | Helpers briefing |
| 9.15-9.30 | | | |
| 10.00-11.30 | | WWR, Sprint, Slalom, Polo, GP, Open Canoe | WWR, Sprint, Slalom, Polo, GP, Open Canoe |
| 12.00-13.30 | | WWR, Sprint, Slalom, Polo, GP, Open Canoe | WWR, Sprint, Slalom, Polo, GP, Open Canoe |
| 13.30-14.30 | | Lunch (soup and rolls) | Lunch(soup and rolls) |
| 14.30-16.00 | | WWR, Sprint, Slalom, Polo, GP, Open Canoe | WWR, Sprint, Slalom, Polo, GP, Open Canoe |
| Evening | | Communal BBQ | Go home and rest |
| 6.30-8.00 | | | |
| 7.30-9.00 | Registration | | |
| 8.30-10.00 | Evening Activity | Evening activity | |
| | Helpers, Instructors arrival and set-up | | |

- All disciplines will run – all of the time
- Juniors will be split into different groups and will be moved across disciplines – to make sure each one gets an opportunity to try everything.
- Juniors coming from specialist clubs will be steered away from that discipline – give them a chance to try disciplines that are new to them.
- Activities will be planned (particularly for younger juniors) for Fri and Sat evening
- Communal BBQ means just that – let's all try and eat together. There are cooking facilities on the campsite but, if you have a BBQ, bring it please.

Other Stuff

If your group have any awards or certificates to present, they can be presented over the weekend.

We are also trying to allow for some level 2 proficiency assessments, (ICU certificate charge extra)

Please contact Paul Donnelly for further details

pdonnelly@greatoutdoors.ie

087 247 7927

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